



# **E**nvironmental Awareness

THE WAY OF THE HEART: THE PROMOTORA INSTITUTE

The environmental awareness program helps you learn to diminish risk and increase healthy living. Topics can be covered individually or as part of a complete educational and training package for families or groups.

## Gardening

composting

## Household hazardous waste

safe disposal

reduce, reuse, recycle

## Lead & poison awareness

## Indoor & outdoor allergens

## Air quality

## Second hand smoke

## Asthma and other respiratory illnesses

## Home safety

## Pharmaceuticals use and disposal

## Non-toxic alternatives to toxic chemicals

## Natural pesticides

Visits to evaluate your home's environmental health and safety are available by appointment. **For more information please call promotora de salud, Shirley Macias.**



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